

SHIRE OF CUE

*Queen of the Murchison*

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# PUBLIC HEALTH PLAN

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2026 - 2031

Strategic priorities for a resilient and healthy community



*Protecting what we love today for tomorrow.*



PROTECT  
NATURAL  
ENVIRONMENT



PRESERVE  
OUR  
HERITAGE



PROMOTE  
SUSTAINABLE  
PRACTICES



A SUSTAINABLE  
FUTURE FOR  
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# INTRODUCTION



The Shire of Cue is pleased to present its first Public Health Plan for 2026–2031. This Plan has been developed to help identify current and future health and wellbeing needs within the community and to guide practical actions that support healthier outcomes for residents, workers and visitors across the Shire.

According to the 2021 Census data, the Shire of Cue experiences a number of health and social indicators that are above the State average, highlighting the importance of targeted local planning and community support initiatives. As a small and remote regional community, Cue faces unique challenges relating to access to services, social isolation, housing, workforce pressures and opportunities for healthy living.

This is the Shire’s first Public Health Plan prepared under the requirements of the Public Health Act 2016. The Plan recognises that health is influenced by many factors including the environment, lifestyle, community connection, access to services and economic conditions.

The Shire will endeavour to work closely with local health service providers, community organisations and government agencies, particularly the Mid-West Public Health Region of the Western Australian Country Health Service (WACHS), to support positive health outcomes for the community over the life of this Plan.



**Les Price**

Shire President

**Richard Towell**

Chief Executive Officer

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*Our Vision, Mission and Values*



Our Vision, Mission and Values guide the way we work together to build a thriving, connected and resilient community for today and for future generations.



**VISION**

The Shire of Cue – Queen of the Murchison, will be a place that is liveable for residents, profitable for local enterprises and welcoming and accessible for visitors.



**MISSION**

Council will provide the leadership to provide and develop service opportunities to meet social, economic and environmental needs for the benefit of, and in partnership with, the Community.



**VALUES**



**ACCOUNTABILITY**

We will ensure continued compliance with our statutory obligations.



**COMMUNITY**

We will invite community participation in the development of our town and Shire.



**HERITAGE**

We recognise our shared responsibility as custodians of the district's rich and diverse European and Indigenous heritage.



**SUSTAINABILITY**

We will work towards ensuring that our plans and actions contribute towards the long term sustainability of the Shire of Cue.

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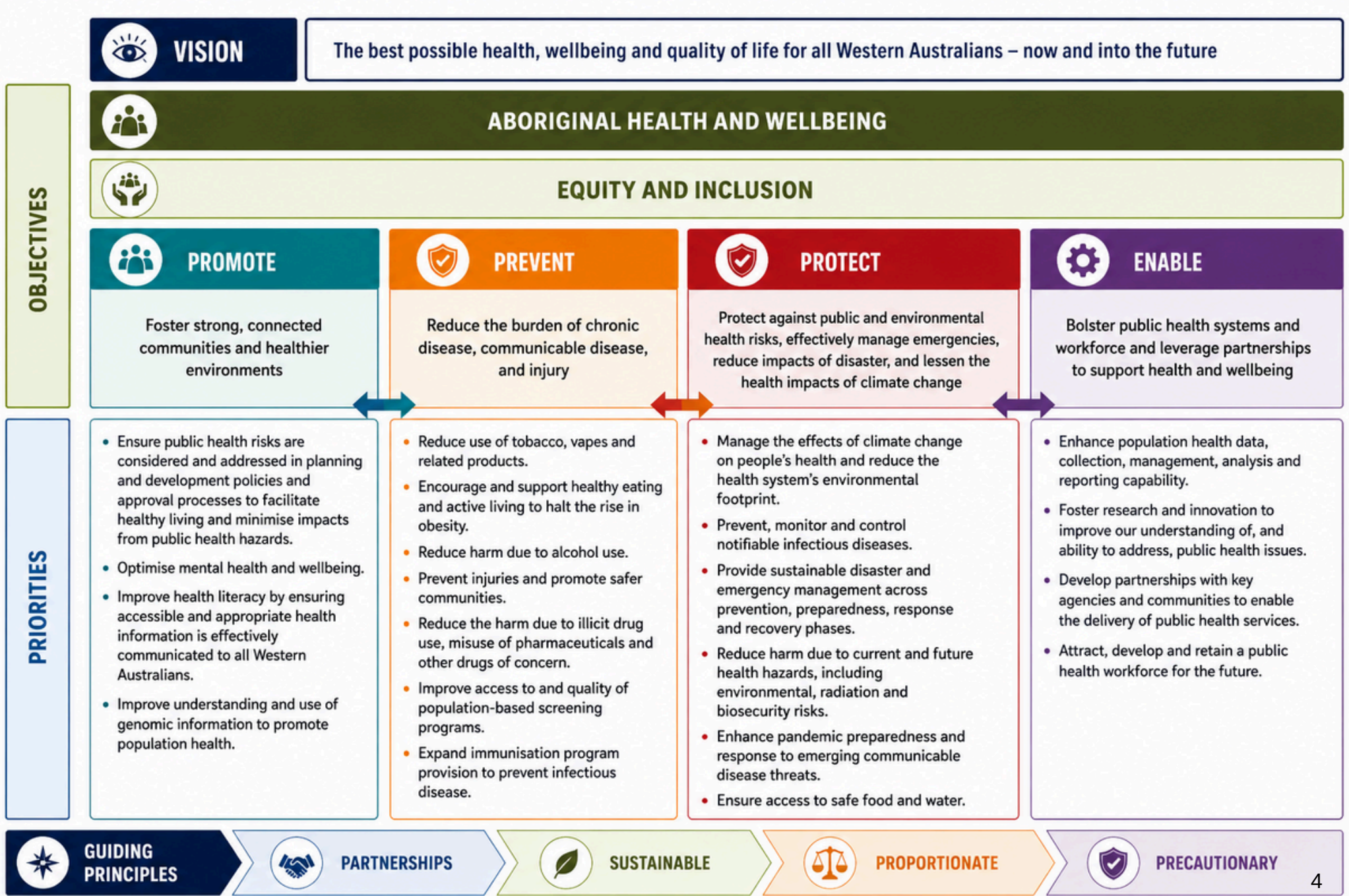
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# WA STATE PUBLIC HEALTH PLAN





# INTEGRATED PLANNING

The Shire of Cue Public Health Plan 2026–2031 forms part of the Shire’s Integrated Planning and Reporting Framework and supports the long-term vision, goals and priorities identified by the community through the Strategic Community Plan.

The Plan works alongside the Shire’s key strategic and operational documents, including the Corporate Business Plan, Long Term Financial Plan, Asset Management Plan and annual budget process, to help ensure that health and wellbeing considerations are incorporated into future planning, service delivery and community development initiatives.

Public health is influenced by many factors beyond traditional health services, including housing, recreation, environmental health, accessibility, community safety, social connection and economic opportunity. By integrating public health planning into the broader planning framework of the Shire, Council can take a coordinated and practical approach to improving the wellbeing of residents, workers and visitors across the district.

This Plan also supports the objectives of the Western Australian Public Health Act 2016 and aligns with broader State and regional health priorities. The actions identified within the Plan will be considered through the Shire’s ongoing corporate planning, resource allocation and project delivery processes to ensure they remain achievable, measurable and responsive to local community needs.

The Public Health Plan is intended to be a living document that evolves alongside the community and will be monitored and reviewed as part of the Shire’s regular integrated planning review processes.



## INTEGRATED PLANNING AND REPORTING FRAMEWORK



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OVERVIEW

# STRATEGIC COMMUNITY PLAN

## (PLAN FOR THE FUTURE)

The Shire of Cue Strategic Community Plan (Plan for the Future) is the Shire's principal long-term planning document and provides the strategic direction for the community over a minimum 10-year period. The Plan guides the Shire's future decision-making, service delivery, resource allocation and broader strategic planning activities.

Community engagement is central to the development of the Strategic Community Plan. An important part of the process is ensuring that residents, community groups, businesses and stakeholders have the opportunity to help shape the future of Cue by identifying local priorities, opportunities and challenges.

OUR KEY THEMES



## STRATEGIC DIRECTION

The Shire of Cue delivers services and projects in line with its vision, values and strategic priorities. Council's role in delivering these outcomes may vary depending on the issue and community need, including acting as a provider, facilitator, partner or advocate on behalf of the community.



### ENVIRONMENT

Protecting and enhancing the Shire's natural environment, heritage assets and unique outback character to support a sustainable future for Cue.



### ECONOMIC

Supporting a strong and sustainable local economy through tourism, mining, business growth and regional development opportunities.



### SOCIAL

Supporting a healthy, connected and inclusive community with access to essential services, housing, recreation and opportunities for all residents.



### LEADERSHIP

Delivering strong leadership, effective governance and meaningful community engagement while advocating for improved services and infrastructure.

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# SOCIAL OBJECTIVES & OUTCOMES



## COMMUNITY FEEDBACK

The main themes arising from the community related to health services and housing, including mental health support services and housing for pensioners.

The community also identified the need for additional recreational facilities and opportunities for social connection within the Town.

## KEY OBJECTIVES



3.1.1

Increase affordable housing options for existing residents and to attract new families.



3.1.2

Investigate opportunities to improve health services in town to provide greater and more timely access for the community.



3.2.1

Develop community facilities to provide places and activities for young people.



3.2.3

Encourage healthy living and social interaction across the community.



3.2.4

Support the provision of emergency services, support and encourage community volunteers.



3.2.5

Support a safe community environment.



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# COMMUNITY SNAPSHOT – HEALTH

Shire of Cue Local Government Area



The following data provides a snapshot of health and wellbeing for the Shire of Cue based on the 2021 Australian Bureau of Statistics Census.

This information helps us understand our community and plan for a healthier, stronger future.

Source: ABS Census 2021 – Cue (LGA)



POPULATION

**215**

people



MEDIAN AGE

**54**

years



FEMALES

**33.2%**

of the population



MALES

**66.8%**

of the population



AVERAGE HOUSEHOLD SIZE

**1.5**

people



MEDIAN WEEKLY HOUSEHOLD INCOME

**\$682**



AVERAGE VEHICLES PER DWELLING

**2.3**



AGEING POPULATION

Cue has a higher proportion of older residents. Planning for an ageing population is important to ensure access to services, support and opportunities that promote healthy, independent living.



ACCESS TO HEALTH SERVICES

Residents face challenges accessing health services due to Cue's remote location. The Cue Medical Centre provides local primary care and visiting allied health services support the community.



MENTAL HEALTH & WELLBEING

Mental health is a priority in remote communities. Access to support services, community connection and looking out for one another are key to building resilience and wellbeing.



PHYSICAL ACTIVITY & LIFESTYLE

Staying active supports good physical and mental health. Local sports, recreation facilities and outdoor activities encourage an active and healthy lifestyle.



STRONG, CONNECTED COMMUNITY

Cue is a small but close-knit community with strong social connections and a proud outback spirit. Community groups, events and local organisations play an important role in supporting health and wellbeing.



NEED FOR ASSISTANCE WITH CORE ACTIVITIES

**9.3%**

of people need assistance with core activities due to a disability.

## TYPE OF LONG-TERM HEALTH CONDITION

Type of long-term health condition	All people Cue	% Cue	Western Australia	% Western Australia	Australia	% Australia
Arthritis	24	11.2	202,847	7.6	2,150,396	8.5
Asthma	14	6.5	195,300	7.3	2,068,020	8.1
Cancer (including remission)	5	2.3	72,864	2.7	732,152	2.9
Dementia (including Alzheimer's)	3	1.4	17,612	0.7	189,162	0.7
Diabetes (excluding gestational diabetes)	18	8.4	117,182	4.4	1,198,721	4.7
Heart disease (including heart attack or angina)	13	6.0	94,523	3.6	999,096	3.9
Kidney disease	0	0.0	20,352	0.8	231,777	0.9
Lung condition (including COPD or emphysema)	9	4.2	42,087	1.6	441,109	1.7
Mental health condition (including depression or anxiety)	22	10.2	220,581	8.3	2,231,543	8.8
Stroke	0	0.0	21,573	0.8	234,609	0.9
Any other long-term health condition(s)	17	7.9	196,431	7.4	2,041,929	8.0
No long-term health condition(s)	104	48.4	1,629,249	61.2	15,292,718	60.2
Not stated	42	19.5	235,428	8.9	2,066,251	8.1

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# COMMUNITY HEALTH SURVEY

## What We Heard

16 community members participated in the Shire of Cue Public Health Survey.

While the sample size was small, the results provide valuable insight into the health and wellbeing priorities of the community and have helped inform the actions contained within this Public Health Plan.



**This is CUE data.**  
This survey reflects the views of local residents. Results should be read with the small sample size in mind.

Thank you to everyone who took the time to share their views. Your feedback is helping to build a healthier Cue.



### HOUSING REMAINS A MAJOR CONCERN

# 82%

of respondents identified affordable housing as a priority issue.



Community members highlighted the need for additional housing options to attract workers, support families and provide opportunities for older residents to remain in the community.



### RECREATION AND PHYSICAL ACTIVITY

# 84%

of respondents identified recreation facilities as important to community wellbeing.

Suggestions included:

- Improved gym facilities
- Outdoor exercise equipment
- Walking and cycling paths
- Sporting opportunities and events
- Activities for young people



### ACCESS TO HEALTHY FOOD

# 96%

of respondents identified access to safe, affordable and healthy food as an important issue.

Many respondents noted the challenges associated with:

- Limited food choices
- High food costs
- Freight impacts
- Access to fresh fruit and vegetables



### MENTAL HEALTH AND WELLBEING

Respondents identified:

- ♥ Anxiety and depression
- ♥ Social isolation
- ♥ Loneliness
- ♥ Community connection

as important factors affecting wellbeing in Cue.



Many respondents highlighted the importance of social activities, recreation opportunities and community events to support mental wellbeing.



### ACCESS TO HEALTH SERVICES

Community feedback consistently identified challenges relating to access to health services.

- ⊕ No permanent doctor in Cue
- ⊕ Visiting GP services only once a fortnight
- ⊕ No permanently based allied health services
- ⊕ Travel required to Meekatharra and larger regional centres for specialist care



### ALCOHOL HARM

Alcohol was frequently raised through survey responses and open comments.

Respondents identified:

- Alcohol misuse
  - Community drinking culture
  - The need for education and awareness
- as important public health issues requiring ongoing attention.

### COMMUNITY STRENGTHS

Despite the challenges identified, respondents overwhelmingly reported strong community pride and connection.

Key strengths included:

- Strong community spirit
- Friendly and supportive residents
- Sense of belonging
- Community events and activities
- The unique lifestyle and environment of Cue

### HOW THIS PLAN RESPONDS

**PROMOTE**  
Healthy lifestyles, community connection and wellbeing.

**PREVENT**  
Reducing the impact of alcohol, chronic disease and poor health outcomes.

**PROTECT**  
Creating safe, healthy and resilient environments.

**ENABLE**  
Improving access to services, information, partnerships and support.

### WHAT YOU TOLD US

*"Cue is a great place to live, but we need more housing, better recreation options and better access to health services." – Survey Respondent*



### DATA SOURCE

Shire of Cue Public Health Survey 2026 (n=16 respondents). Results have been used alongside Census data, Midwest regional health data and community consultation undertaken through the Strategic Community Plan review process.



### A HEALTHIER CUE, A STRONGER COMMUNITY

Working together for a healthy, thriving Cue.

# PROMOTE

*Building healthier communities together*

The **PROMOTE** area of the Public Health Plan focuses on strengthening the health and wellbeing of our community by encouraging healthy lifestyles and creating supportive environments.

We aim to empower individuals and families to make healthy choices, increase physical activity, improve nutrition, support mental wellbeing and foster social connection.

By promoting positive health behaviours and providing opportunities for participation and engagement, we can build a brighter, healthier future for everyone in the Shire of Cue.



## OUR GOAL

To create a community where everyone has the knowledge, opportunities and support to lead healthier, more active and connected lives.

## WHY IT MATTERS

Good health is the foundation for a strong community. By promoting healthy choices and supportive environments, we help prevent illness, improve wellbeing and enhance quality of life for all.

## WE WILL FOCUS ON:



### HEALTHY LIFESTYLES

Encouraging physical activity, healthy eating and reducing harmful behaviours.



### MENTAL WELLBEING

Supporting positive mental health, resilience and emotional wellbeing.



### SOCIAL CONNECTION

Strengthening community ties and reducing social isolation.



### ACTIVE COMMUNITIES

Creating opportunities for recreation, sport and active living.



### HEALTHY ENVIRONMENTS

Supporting initiatives that make healthy choices easier for everyone.

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PROMOTE SUSTAINABLE PRACTICES



A SUSTAINABLE FUTURE FOR OUR COMMUNITY



Action	Responsibility	26/27	27/28	28/29	29/30	30/31	Evaluation Measures
<b>1.1 Support healthy eating and active living</b>							
1.1.1 Deliver healthy food initiatives through Cue Youth and community programs	Youth and Community	✓	✓	✓	✓	✓	Number of healthy lifestyle programs delivered; participation rates in recreation and healthy eating activities.
1.1.2 Encourage participation in sport, recreation and active lifestyles	Youth and Community	✓	✓	✓	✓	✓	
1.1.3 Support community cooking and nutrition education activities	Youth and Community	✓	✓	✓	✓	✓	
1.1.4 Promote healthy lifestyle messaging through local events and campaigns	Events and Community	✓	✓	✓	✓	✓	
1.1.5 Support culturally appropriate healthy living initiatives for Aboriginal community members	Events and Community	✓	✓	✓	✓	✓	
<b>1.2 Strengthen social connection and community wellbeing</b>							
1.2.1 Deliver community events that encourage participation and inclusion	Events and Community	✓	✓	✓	✓	✓	Number of community events delivered; attendance figures; community satisfaction survey results.
1.2.2 Support activities that reduce social isolation and strengthen community connection	Community	✓	✓	✓	✓	✓	
1.2.3 Encourage volunteerism and community group participation	Community	✓	✓	✓	✓	✓	
1.2.4 Promote mental health and wellbeing awareness and resilience initiatives	Community	✓	✓	✓	✓	✓	
<b>1.3 Support youth health and wellbeing</b>							
1.3.1 Deliver youth engagement and recreation programs	Youth	✓	✓	✓	✓	✓	Youth program participation rates; number of youth activities delivered annually.
1.3.2 Increase access to safe and inclusive youth activities	Youth	✓	✓	✓	✓	✓	
<b>1.4 Improve access to recreation and community spaces</b>							
1.4.1 Identify opportunities to improve recreation and open space infrastructure	Executive	✓	✓	✓	✓	✓	Number of recreation infrastructure projects completed; community utilisation of facilities.
1.4.2 Advocate for improved community facilities and active public spaces	Executive	✓	✓	✓	✓	✓	

# PREVENT

*Stopping problems before they start*

The **PREVENT** area of the Public Health Plan focuses on identifying risks and reducing the factors that can lead to illness, injury and poor health in our community.

By addressing the root causes of health issues and supporting early action, we can reduce the burden of disease and create a healthier, safer environment for everyone.

Together, we can build a community that takes steps today to prevent problems tomorrow and supports a healthy future for all.



## OUR GOAL

To reduce the risk of illness, injury and chronic disease by addressing the factors that contribute to poor health and promoting safe, healthy environments.

## WHY IT MATTERS

Prevention is one of the most effective ways to improve health outcomes and reduce pressure on health services. By preventing problems before they occur, we help our community thrive now and into the future.

### WE WILL FOCUS ON:



#### RISK REDUCTION

Identifying and reducing health risks in our community.



#### HEALTHY CHOICES

Supporting healthy eating, physical activity and wellbeing across all ages.



#### EARLY ACTION

Encouraging early detection and intervention to stop problems before they grow.



#### SAFE ENVIRONMENTS

Creating and maintaining safe places to live, work, learn and play.



#### STRONG PARTNERSHIPS

Working together with local organisations and services to prevent harm.

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PROTECT NATURAL ENVIRONMENT



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PROMOTE SUSTAINABLE PRACTICES



A SUSTAINABLE FUTURE FOR OUR COMMUNITY



Action	Responsibility	26/27	27/28	28/29	29/30	30/31	Evaluation Measures
<b>2.1 Reduce chronic disease risk factors</b>							
2.1.1 Support preventative health screening opportunities	Community	✓	✓	✓	✓	✓	Number of health promotion campaigns delivered; participation in screening and healthy lifestyle activities.
2.1.2 Encourage healthy lifestyle choices across the community	Community	✓	✓	✓	✓	✓	
2.1.3 Support targeted health promotion initiatives for Aboriginal and ageing populations	Community	✓	✓	✓	✓	✓	
<b>2.2 Reduce alcohol, smoking and drug-related harm</b>							
2.2.1 Support harm minimisation and health promotion campaigns	Community and Health	✓	✓	✓	✓	✓	Number of awareness activities delivered; participation rates; community feedback regarding health promotion initiatives.
2.2.2 Encourage youth education and awareness activities	Youth	✓	✓	✓	✓	✓	
2.2.3 Work collaboratively with regional support organisations	Community and Health	✓	✓	✓	✓	✓	
2.2.4 Promote community awareness of substance misuse impacts	Community and Health	✓	✓	✓	✓	✓	
2.2.5 Support culturally appropriate prevention and support initiatives	Community and Health	✓	✓	✓	✓	✓	
<b>2.3 Support mental health early intervention</b>							
2.3.1 Promote mental health awareness and resilience programs	Community	✓	✓	✓	✓	✓	Number of mental health awareness activities delivered; attendance and participation levels.
2.3.2 Encourage early help-seeking behaviours	Community	✓	✓	✓	✓	✓	
2.3.3 Increase awareness of available support services	Community	✓	✓	✓	✓	✓	
2.3.4 Support community-led wellbeing initiatives	Community	✓	✓	✓	✓	✓	
2.3.5 Promote culturally safe and age-friendly mental health initiatives	Community	✓	✓	✓	✓	✓	



# PROTECT

*Keeping our community safe and well*

The **PROTECT** area of the Public Health Plan focuses on reducing harm and protecting our community from risks that can impact our health and wellbeing.

By strengthening safety, supporting immunisation, managing environmental health and preparing for emergencies, we can reduce the impact of potential threats and build a more resilient community.

Working together, we can create a safer, healthier Shire of Cue for everyone, now and into the future.



## OUR GOAL

To protect the health and safety of our community by reducing risks, preventing harm and ensuring we are prepared for challenges and emergencies.

## WHY IT MATTERS

Protecting health helps prevent illness and injury, supports vulnerable people, strengthens community resilience and ensures everyone can live, work and thrive in a safe environment.

## WE WILL FOCUS ON:



### IMMUNISATION

Increasing immunisation rates to prevent disease and protect our community.



### ENVIRONMENTAL HEALTH

Ensuring safe food, clean water and healthy environments for everyone.



### INJURY PREVENTION

Reducing injuries and promoting safety at home, at work and in our community.



### EMERGENCY PREPAREDNESS

Preparing for emergencies and supporting our community to be ready and resilient.



### VULNERABLE PEOPLE

Supporting those most at risk to ensure everyone has the opportunity to live healthy and safe lives.

*Protecting what we love today for tomorrow.*



PROTECT NATURAL ENVIRONMENT



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PROMOTE SUSTAINABLE PRACTICES



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Action	Responsibility	26/27	27/28	28/29	29/30	30/31	Evaluation Measures
<b>3.1 Strengthen emergency preparedness and resilience</b>							
3.1.1 Maintain local emergency management arrangements	Executive	✓	✓	✓	✓	✓	Emergency management plans reviewed and maintained; number of preparedness activities delivered.
3.1.2 Promote community preparedness and resilience education	Community	✓	✓	✓	✓	✓	
3.1.3 Support local emergency response planning and exercises	Executive	✓	✓	✓	✓	✓	
3.1.4 Consider vulnerable populations including elderly and isolated residents in emergency planning	Executive	✓	✓	✓	✓	✓	
<b>3.2 Protect environmental health outcomes</b>							
3.2.1 Continue environmental health inspections and compliance activities	Health	✓	✓	✓	✓	✓	Number of inspections completed; compliance rates; environmental health incidents managed.
3.2.2 Monitor food safety, water quality and sanitation risks	Health	✓	✓	✓	✓	✓	
3.2.3 Promote environmental health awareness and education	Health	✓	✓	✓	✓	✓	
3.2.4 Support management of public health risks and hazards	Health	✓	✓	✓	✓	✓	
3.2.5 Support culturally appropriate environmental health communication where possible	Health	✓	✓	✓	✓	✓	
<b>3.3 Improve road and community safety</b>							
3.3.1 Support road safety awareness initiatives	Executive	✓	✓	✓	✓	✓	Community safety initiatives delivered; safety infrastructure improvements completed.
3.3.2 Improve safety signage and community awareness	Planning	✓	✓	✓	✓	✓	
3.3.3 Promote safe access and mobility for elderly residents and people with disability	Planning	✓	✓	✓	✓	✓	
<b>3.4 Maintain safe and accessible public facilities</b>							
3.4.1 Review accessibility and safety of community facilities and spaces	Community	✓	✓	✓	✓	✓	Accessibility audits completed; facility improvements undertaken.



# ENABLE

*Empowering people and building stronger communities*

The **ENABLE** area of the Public Health Plan focuses on creating the conditions that empower people to take control of their health and wellbeing and to access the support and opportunities they need.

By strengthening services, building capacity and reducing barriers, we can support individuals and communities to thrive.

Together, we can build a fair, inclusive and connected Shire of Cue where everyone has the opportunity to lead healthy, fulfilling lives.



## OUR GOAL

To empower our community by providing access to the resources, services and opportunities that build skills, confidence and independence.

## WHY IT MATTERS

When people are enabled to reach their full potential, our whole community benefits. Strong support systems and equal opportunities help reduce inequity and create a healthier, more vibrant and resilient Shire.

## WE WILL FOCUS ON:



### ACCESS TO SERVICES

Improving access to health and support services for everyone.



### SKILLS AND EDUCATION

Supporting learning and skills development to build confidence and opportunities.



### COMMUNITY CONNECTIONS

Building strong, inclusive communities where people feel connected and supported.



### REDUCING BARRIERS

Identifying and removing barriers that prevent people from achieving their best health.



### EMPOWERMENT

Supporting individuals and communities to make choices and lead healthy lives.

*Empowering our community for a healthier tomorrow.*



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Action	Responsibility	26/27	27/28	28/29	29/30	30/31	Evaluation Measures
<b>4.1 Strengthen partnerships and collaboration</b>							
4.1.1 Continue collaboration with WACHS, local organisations and government agencies	Executive and Health	✓	✓	✓	✓	✓	Number of partnership projects undertaken; attendance at regional health planning forums.
4.1.2 Support coordinated regional health initiatives	Health	✓	✓	✓	✓	✓	
4.1.3 Advocate for improved regional health outcomes	Executive	✓	✓	✓	✓	✓	
4.1.4 Seek partnership and funding opportunities that improve community wellbeing	Community	✓	✓	✓	✓	✓	
4.1.5 Strengthen partnerships with Aboriginal organisations and community groups	Community	✓	✓	✓	✓	✓	
<b>4.2 Improve access to health services</b>							
4.2.1 Advocate for improved access to GP, allied health and specialist services	Executive	✓	✓	✓	✓	✓	Advocacy actions undertaken; visiting and outreach health services supported.
4.2.2 Support visiting and outreach health services.	Executive	✓	✓	✓	✓	✓	
4.2.3 Promote telehealth and regional health service access	Community	✓	✓	✓	✓	✓	
<b>4.3 Build community capacity and skills</b>							
4.3.1 Support delivery of first aid and mental health training opportunities	Community and Health	✓	✓	✓	✓	✓	Number of training opportunities provided; participation rates.
4.3.2 Encourage volunteering and community leadership	Community	✓	✓	✓	✓	✓	
4.3.3 Support Aboriginal leadership and community participation opportunities	Community	✓	✓	✓	✓	✓	

Action	Responsibility	26/27	27/28	28/29	29/30	30/31	Evaluation Measures
<b>4.4 Improve health planning and evidence-based decision making</b>							
4.4.1 Monitor community health trends and local data	Health	✓	✓	✓	✓	✓	Community surveys completed; health data reviewed and reported on annually.
4.4.2 Undertake community engagement and wellbeing surveys	Community	✓	✓	✓	✓	✓	
4.4.3 Use evidence-based planning to guide future initiatives	Executive	✓	✓	✓	✓	✓	
4.4.4 Consider Aboriginal health priorities and ageing population trends in future planning	Executive	✓	✓	✓	✓	✓	
<b>4.5 Encourage community participation and engagement</b>							
4.5.1 Deliver inclusive community engagement opportunities	Community	✓	✓	✓	✓	✓	Number of engagement activities undertaken; participation rates and feedback received.
4.5.2 Encourage participation from diverse community groups	Community	✓	✓	✓	✓	✓	
4.5.3 Support community-led initiatives and local partnerships	Community	✓	✓	✓	✓	✓	
<b>4.6 Support culturally inclusive and appropriate initiatives</b>							
4.6.1 Work collaboratively with Aboriginal organisations and Elders	Whole of Organisation	✓	✓	✓	✓	✓	Number of Aboriginal engagement activities undertaken; partnerships with Aboriginal organisations maintained.
4.6.2 Support culturally appropriate health and wellbeing initiatives	Community	✓	✓	✓	✓	✓	
4.6.3 Recognise the importance of cultural wellbeing and connection to Country	Whole of Organisation	✓	✓	✓	✓	✓	



# APPENDIX A SHIRE OF CUE HEALTH PROFILE - KEY HEALTH INDICATORS

## POPULATION SNAPSHOT



Source: ABS Census of Population and Housing, 2021 (compiled and presented in the Health Profile).

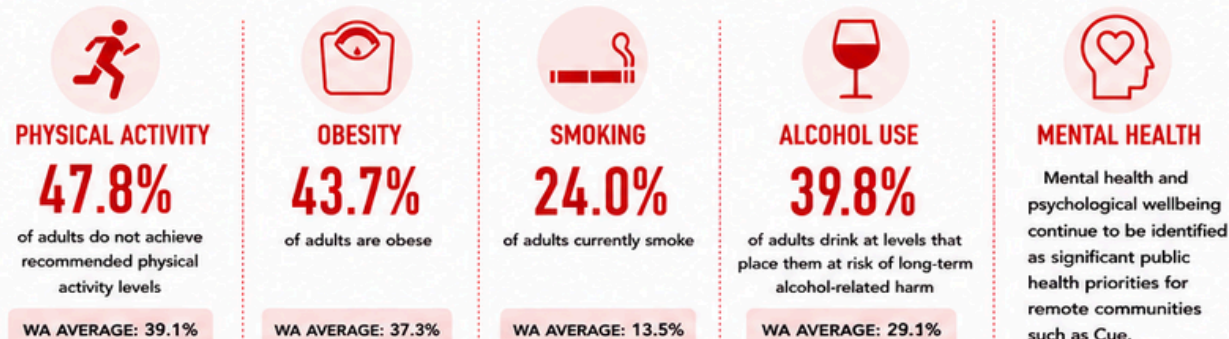
## ABOUT THE PROFILE



The Health and Wellbeing Profile: Shire of Cue 2015–2024 provides an overview of the health status and determinants of people living in the Shire of Cue.

This profile draws on the latest available data to support planning and decision making to improve the health and wellbeing of our community.

## HEALTH RISK FACTORS IDENTIFIED



Source: WA Health and Wellbeing Surveillance System (2022–2024).

## HEALTH OUTCOMES (AGE-STANDARDISED RATES)



Source: WA Hospital Morbidity Data Collection (2019–2023) and WA Cause of Death Unit Record File (2019–2023).

## LOCAL CONTEXT

As a remote community, the Shire of Cue faces unique challenges in accessing health services. Cue currently has a nursing outpost, with visiting GP services generally available once per fortnight. The nearest hospital is located in Meekatharra, and there are no permanently based allied health professionals in the town. Limited access to healthcare, fresh food options and specialist services can influence health outcomes and reinforce the importance of local prevention, promotion and community wellbeing initiatives.



### DATA SOURCE

WA Department of Health – Health and Wellbeing Profile: Shire of Cue 2015–2024 (January 2026)  
Epidemiology Directorate, Public and Aboriginal Health Division, Department of Health WA.



## A HEALTHIER CUE, A STRONGER COMMUNITY

Working together to improve health and wellbeing for all.

# Midwest Data



## HIGH-RISK ALCOHOL CONSUMPTION

Midwest regional data shows higher rates of high-risk alcohol consumption compared to the WA average.



This is **MIDWEST REGION** data. Local data for the Shire of Cue is limited due to our small population.



### WHY THIS MATTERS

High-risk alcohol use can lead to a range of health issues including injury, chronic disease, mental health impacts and family and community harm.



### CUE CONTEXT

- No permanent doctor in town. Only a nursing outpost.
- Doctor visits once per fortnight.
- No other allied health services permanently based in town.
- Nearest hospital is in Meekatharra
- Limited supermarket means limited supply of nutritious food.



In small and remote communities like Cue, the impacts can be greater due to limited access to support services and healthcare.



### WHAT WE HEARD

Community feedback highlighted concerns about alcohol-related harm, the impact on families and the need for more support, education and healthy lifestyle opportunities.



### OUR PLAN – PROMOTE & PREVENT

- Increase education and awareness around alcohol and harm minimisation.
- Support community wellbeing and strong social connections.
- Promote healthy lifestyles through recreation and community activities.
- Provide youth engagement and positive opportunities.
- Advocate for improved access to health and support services.



**DATA SOURCE** Western Australian Department of Health – Health and Wellbeing Surveillance System. Midwest regional data used due to limited local data for the Shire of Cue.



### A HEALTHIER CUE, A STRONGER COMMUNITY

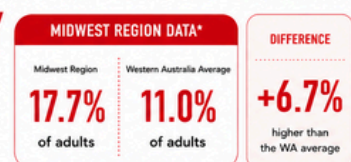
Working together to reduce alcohol harm and promote wellbeing for all.



## ADULTS WITH NO MODERATE PHYSICAL ACTIVITY

Midwest regional data shows that 17.7% of adults undertake no moderate physical activity, compared with the WA average of 11.0%.

This highlights the importance of encouraging active lifestyles and improving access to recreation and healthy living opportunities across regional communities.



This is **MIDWEST REGION** data. Local data for the Shire of Cue is limited due to our small population.



### WHY THIS MATTERS

Physical inactivity increases the risk of chronic disease, poor mental health, type 2 diabetes, heart disease and some cancers.



### CUE CONTEXT

- Remote location and climate can make physical activity more challenging.
- Limited access to organised recreation and fitness programs.
- Community feedback identified the need for more recreation facilities and youth spaces.
- Small population means fewer opportunities for team sports and programs.
- No permanent doctor and no allied health services based in town.



Being active improves physical health, mental wellbeing, energy levels and social connection – benefits that are especially important in small, remote communities like Cue.



### WHAT WE HEARD

Residents told us they want more opportunities to be active, better recreation facilities, safe places to exercise and activities for all ages.



### OUR PLAN – PROMOTE & PREVENT

- Promote active lifestyles through community awareness and local initiatives.
- Support and advocate for improved recreation infrastructure and facilities.
- Increase community and youth programs that encourage movement and participation.
- Create more safe, accessible spaces for physical activity and connection.
- Partner with regional services to improve access to health and wellbeing support.



**DATA SOURCE** Western Australian Department of Health – Health and Wellbeing Surveillance System. Midwest regional data used due to limited local data for the Shire of Cue.



### A HEALTHIER CUE, A STRONGER COMMUNITY

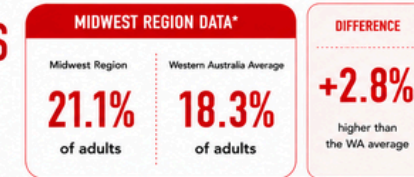
Working together to create opportunities for active, healthy and connected lives.



## HIGH / VERY HIGH PSYCHOLOGICAL DISTRESS

Midwest regional data shows that 21.1% of adults experience high or very high psychological distress, compared with the WA average of 18.3%.

Mental health is a key priority for remote communities where isolation, cost of living pressures, workforce demands and limited services can affect wellbeing.



This is **MIDWEST REGION** data. Local data for the Shire of Cue is limited due to our small population.



### WHY THIS MATTERS

High levels of psychological distress can impact mental and physical health, relationships, work and overall quality of life.



### CUE CONTEXT

- Small population means challenges can impact everyone.
- Isolation and distance from family, friends and services.
- Cost of living, financial pressures and housing challenges.
- Workforce pressures and long shifts in key industries.
- No permanent allied health or counselling services in town.
- Doctor visits once per fortnight. Nearest hospital is in Meekatharra



Limited access to mental health support in remote communities can lead to delayed help, increased stress and greater pressure on families and the whole community.



### WHAT WE HEARD

Community feedback highlighted concerns about mental health, access to support services, housing, social connection and the need for more activities and youth engagement opportunities.



### OUR PLAN – PROMOTE & PREVENT

- Promote mental wellbeing and resilience across all ages.
- Strengthen social connection and community networks.
- Support youth engagement, activities and safe spaces.
- Increase awareness of mental health and where to get help.
- Advocate for improved access to mental health and allied health services.
- Work in partnership to build a supportive and resilient community.



**DATA SOURCE** Western Australian Department of Health – Health and Wellbeing Surveillance System. Midwest regional data used due to limited local data for the Shire of Cue. \* Data reflects the most recent available reporting period.



### A HEALTHIER CUE, A STRONGER COMMUNITY

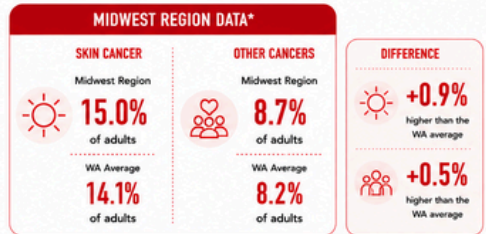
Supporting mental wellbeing. Building connection. Strengthening our community.



## SKIN CANCER AND OTHER CANCERS

Midwest regional data shows slightly higher rates of skin cancer and other cancers compared with the Western Australian average.

Early prevention, awareness and detection are key to improving cancer outcomes in remote communities.



This is **MIDWEST REGION** data. Local data for the Shire of Cue is limited due to our small population.



### WHY THIS MATTERS

High UV exposure, outdoor work and lifestyle, and environmental factors increase the risk of skin cancer in regional communities.



### CUE CONTEXT

- High UV levels throughout the year increase the risk of skin cancer.
- Many local jobs involve prolonged outdoor work and sun exposure.
- No permanent doctor in town. Only a nursing outpost.
- Doctor visits once per fortnight.
- Nearest hospital is in Meekatharra
- No permanent allied health or specialist services in town.



Early detection improves treatment outcomes for all cancers, but limited access to screening and specialist services can lead to late diagnosis and poorer outcomes.



### WHAT WE HEARD

Community feedback highlighted the need for more health education, cancer awareness, sun safety promotion and improved access to screening and specialist services.



### OUR PLAN – PROMOTE & PREVENT

- Promote sun safety and UV awareness for all ages.
- Encourage early detection through awareness and regular skin checks.
- Provide cancer awareness education and information.
- Partner with regional health services to improve screening and specialist access.
- Support community initiatives that promote prevention, wellbeing and early diagnosis.
- Advocate for better access to cancer support services.



**DATA SOURCE** Western Australian Department of Health – Health and Wellbeing Surveillance System. Midwest regional data used due to limited local data for the Shire of Cue. \* Data reflects the most recent available reporting period.



### A HEALTHIER CUE, A STRONGER COMMUNITY

Prevention today. Better outcomes tomorrow. **20**